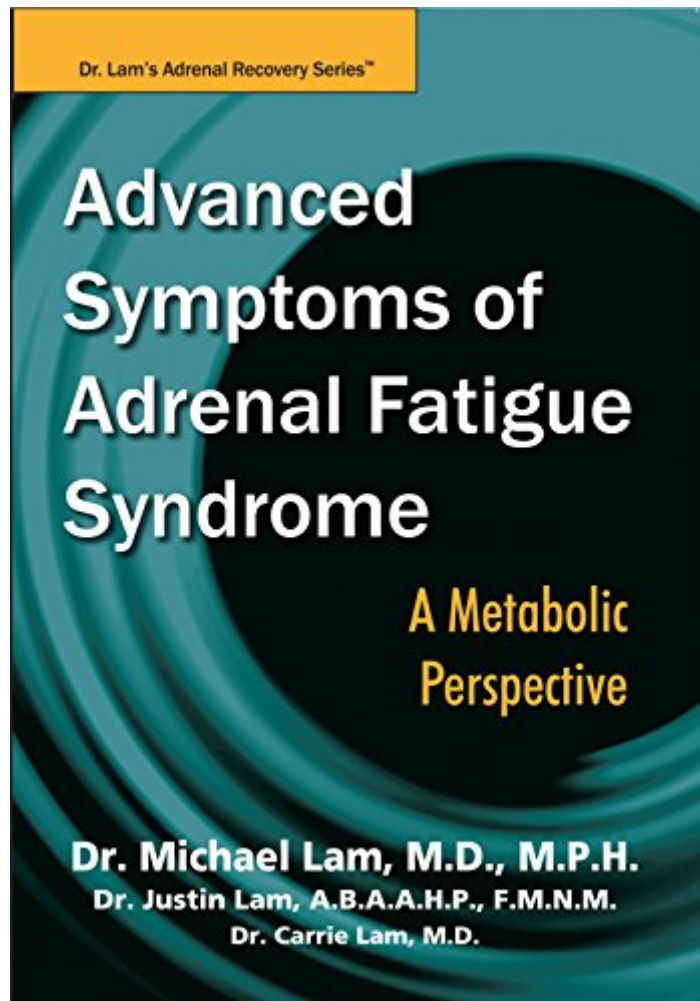


The book was found

Advanced Symptoms Of Adrenal Fatigue Syndrome: A Metabolic Perspective



Synopsis

Advanced Symptoms of Adrenal Fatigue Syndrome adds to the clinical pearls that Dr. Michael Lam presented with his bestselling book Adrenal Fatigue Syndrome. Collaborating with Dr. Justin Lam, metabolic health coach, theyâ™ve created the most comprehensive guide for anyone in the advanced stages of this condition. Ask yourself these questions: Have you been losing weight and muscle mass for no reason? Has your memory been poor and has "brain fog" become a common problem? Do you have heart palpitations, arrhythmia, or dizziness? Are you experiencing hypersensitivity and paradoxical responses to medications and supplements? Do you have food sensitivities or food intolerances along with GI discomfort? Do you experience symptoms of low blood sugar after you eat even though your blood sugar level is normal? If you answered YES to any of the above questions you may have symptoms of Advanced Adrenal Fatigue. It's time to get to the facts and understand them so you can begin your path to recovery. This book will give you the answers you have been looking for. With Advanced Symptoms of Adrenal Fatigue Syndrome as your guide, you will never look at fatigue and lethargy the same way. You will understand the problem at the root level and be ready to embark on the road to recovery.

Book Information

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Customer Reviews

For someone to purchase this book they would have to be very sick with Adrenal Fatigue.

Compared to Dr Lam's Adrenal Fatigue Syndrome I was very disappointed in this. Not very much useful information at all with zero suggestions for the reader. Dr Lam in my mind wants the reader to buy his services not just his books. I understand that but I didn't expect there to be no recommendations on how a sufferer can try to help themselves.

This is an amazing book. Thanks Dr. lam.

Just as described

This book is a must read if you have or know someone with Adrenal Fatigue Syndrome! I bought this for a friend and I know it's going to make a big difference for her.

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